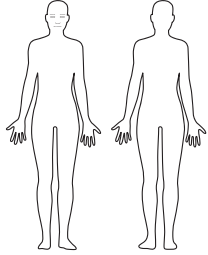
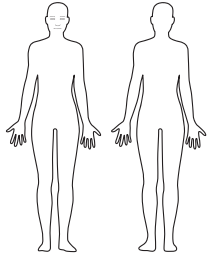
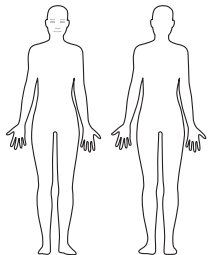
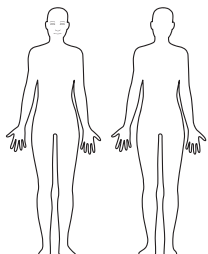
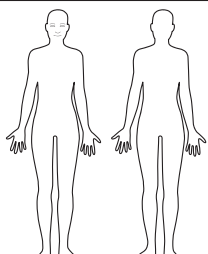
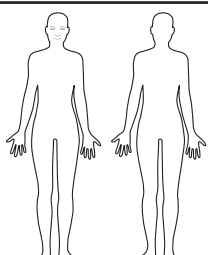
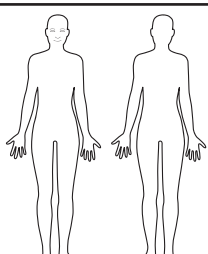


Pain and Bleed Diary

Sunday:	<p>Circle painful areas and note level of pain below (0=no pain, 10=excruciating pain). Add a "B" for a bleed or describe other symptoms, such as swelling.</p> <p>Pain Description:</p> <div style="border: 1px solid black; height: 40px; width: 100%;"></div>		<p>Treatment(s) used today:</p> <div style="border: 1px solid black; height: 20px; width: 100%;"></div> <p>Treatment time and dose:</p> <div style="border: 1px solid black; height: 20px; width: 100%;"></div> <p>Bleeds and other notes:</p> <div style="border: 1px solid black; height: 20px; width: 100%;"></div>	<p>Menstruation:</p> <ul style="list-style-type: none"> • Size of tampons/pads used today: <input style="width: 40px; height: 20px;" type="text"/> • Number of tampons/pads used today: <input style="width: 20px; height: 20px;" type="text"/> • Number of tampons/pads soaked today: <input style="width: 20px; height: 20px;" type="text"/> • Number of tampons/pads soaked in under 1 hour today: <input style="width: 20px; height: 20px;" type="text"/>
Monday:	<p>Circle painful areas and note level of pain below (0=no pain, 10=excruciating pain). Add a "B" for a bleed or describe other symptoms, such as swelling.</p> <p>Pain Description:</p> <div style="border: 1px solid black; height: 40px; width: 100%;"></div>		<p>Treatment(s) used today:</p> <div style="border: 1px solid black; height: 20px; width: 100%;"></div> <p>Treatment time and dose:</p> <div style="border: 1px solid black; height: 20px; width: 100%;"></div> <p>Bleeds and other notes:</p> <div style="border: 1px solid black; height: 20px; width: 100%;"></div>	<p>Menstruation:</p> <ul style="list-style-type: none"> • Size of tampons/pads used today: <input style="width: 40px; height: 20px;" type="text"/> • Number of tampons/pads used today: <input style="width: 20px; height: 20px;" type="text"/> • Number of tampons/pads soaked today: <input style="width: 20px; height: 20px;" type="text"/> • Number of tampons/pads soaked in under 1 hour today: <input style="width: 20px; height: 20px;" type="text"/>
Tuesday:	<p>Circle painful areas and note level of pain below (0=no pain, 10=excruciating pain). Add a "B" for a bleed or describe other symptoms, such as swelling.</p> <p>Pain Description:</p> <div style="border: 1px solid black; height: 40px; width: 100%;"></div>		<p>Treatment(s) used today:</p> <div style="border: 1px solid black; height: 20px; width: 100%;"></div> <p>Treatment time and dose:</p> <div style="border: 1px solid black; height: 20px; width: 100%;"></div> <p>Bleeds and other notes:</p> <div style="border: 1px solid black; height: 20px; width: 100%;"></div>	<p>Menstruation:</p> <ul style="list-style-type: none"> • Size of tampons/pads used today: <input style="width: 40px; height: 20px;" type="text"/> • Number of tampons/pads used today: <input style="width: 20px; height: 20px;" type="text"/> • Number of tampons/pads soaked today: <input style="width: 20px; height: 20px;" type="text"/> • Number of tampons/pads soaked in under 1 hour today: <input style="width: 20px; height: 20px;" type="text"/>
Wednesday:	<p>Circle painful areas and note level of pain below (0=no pain, 10=excruciating pain). Add a "B" for a bleed or describe other symptoms, such as swelling.</p> <p>Pain Description:</p> <div style="border: 1px solid black; height: 40px; width: 100%;"></div>		<p>Treatment(s) used today:</p> <div style="border: 1px solid black; height: 20px; width: 100%;"></div> <p>Treatment time and dose:</p> <div style="border: 1px solid black; height: 20px; width: 100%;"></div> <p>Bleeds and other notes:</p> <div style="border: 1px solid black; height: 20px; width: 100%;"></div>	<p>Menstruation:</p> <ul style="list-style-type: none"> • Size of tampons/pads used today: <input style="width: 40px; height: 20px;" type="text"/> • Number of tampons/pads used today: <input style="width: 20px; height: 20px;" type="text"/> • Number of tampons/pads soaked today: <input style="width: 20px; height: 20px;" type="text"/> • Number of tampons/pads soaked in under 1 hour today: <input style="width: 20px; height: 20px;" type="text"/>
Thursday:	<p>Circle painful areas and note level of pain below (0=no pain, 10=excruciating pain). Add a "B" for a bleed or describe other symptoms, such as swelling.</p> <p>Pain Description:</p> <div style="border: 1px solid black; height: 40px; width: 100%;"></div>		<p>Treatment(s) used today:</p> <div style="border: 1px solid black; height: 20px; width: 100%;"></div> <p>Treatment time and dose:</p> <div style="border: 1px solid black; height: 20px; width: 100%;"></div> <p>Bleeds and other notes:</p> <div style="border: 1px solid black; height: 20px; width: 100%;"></div>	<p>Menstruation:</p> <ul style="list-style-type: none"> • Size of tampons/pads used today: <input style="width: 40px; height: 20px;" type="text"/> • Number of tampons/pads used today: <input style="width: 20px; height: 20px;" type="text"/> • Number of tampons/pads soaked today: <input style="width: 20px; height: 20px;" type="text"/> • Number of tampons/pads soaked in under 1 hour today: <input style="width: 20px; height: 20px;" type="text"/>
Friday:	<p>Circle painful areas and note level of pain below (0=no pain, 10=excruciating pain). Add a "B" for a bleed or describe other symptoms, such as swelling.</p> <p>Pain Description:</p> <div style="border: 1px solid black; height: 40px; width: 100%;"></div>		<p>Treatment(s) used today:</p> <div style="border: 1px solid black; height: 20px; width: 100%;"></div> <p>Treatment time and dose:</p> <div style="border: 1px solid black; height: 20px; width: 100%;"></div> <p>Bleeds and other notes:</p> <div style="border: 1px solid black; height: 20px; width: 100%;"></div>	<p>Menstruation:</p> <ul style="list-style-type: none"> • Size of tampons/pads used today: <input style="width: 40px; height: 20px;" type="text"/> • Number of tampons/pads used today: <input style="width: 20px; height: 20px;" type="text"/> • Number of tampons/pads soaked today: <input style="width: 20px; height: 20px;" type="text"/> • Number of tampons/pads soaked in under 1 hour today: <input style="width: 20px; height: 20px;" type="text"/>
Saturday:	<p>Circle painful areas and note level of pain below (0=no pain, 10=excruciating pain). Add a "B" for a bleed or describe other symptoms, such as swelling.</p> <p>Pain Description:</p> <div style="border: 1px solid black; height: 40px; width: 100%;"></div>		<p>Treatment(s) used today:</p> <div style="border: 1px solid black; height: 20px; width: 100%;"></div> <p>Treatment time and dose:</p> <div style="border: 1px solid black; height: 20px; width: 100%;"></div> <p>Bleeds and other notes:</p> <div style="border: 1px solid black; height: 20px; width: 100%;"></div>	<p>Menstruation:</p> <ul style="list-style-type: none"> • Size of tampons/pads used today: <input style="width: 40px; height: 20px;" type="text"/> • Number of tampons/pads used today: <input style="width: 20px; height: 20px;" type="text"/> • Number of tampons/pads soaked today: <input style="width: 20px; height: 20px;" type="text"/> • Number of tampons/pads soaked in under 1 hour today: <input style="width: 20px; height: 20px;" type="text"/>